



# MY NAME IS VICTORIOUS

Find Strength, Freedom  
and Joy in Who You Are  
Created to Be

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## MY NAME IS VICTORIOUS — Leader Guide

**Thank you for choosing to lead an group diving into *My Name Is Victorious: Finding Strength, Freedom, and Joy in Who You Are Created to Be*. This study will provide an opportunity for personal growth and group discussion.**

### **Before You Get Started:**

1. Purchase the *My Name is Victorious* book. ([mynameisvictorious.com](http://mynameisvictorious.com))
2. Pick an online platform for your group. Zoom or Facebook work well.
3. Preview the free *My Name is Victorious* videos. ([mynameisvictorious.com](http://mynameisvictorious.com))

## WEEK 1: INTRODUCTION

### ***Icebreaker Ideas:***

1. *If you had your own talkshow, who would be your first 3 guests?*
2. *If you could eliminate one thing from your daily routine, what would it be?*
3. *If you had a t-shirt with one word on it for the rest of the year, what would it say?*

### **Group expectations:**

Attend the online group discussion each week.

Take the time to dive into the book's content and activities before each meeting.

What is discussed in group, stays in group. Let's protect each other with silence.

**\*\*If the group is watching the teaching videos on their own, make sure they have the link to the videos. If you are watching them together, make sure you've practiced sharing your screen online.**

## **Tips for Zoom:**

How to share a video:

1. Click “share your screen” at the bottom of the video.
2. Click your internet browser from the share options.
3. Select “share computer sound” and “optimize screen share for a video” at the bottom of the screen.
4. Then click “share.”

When not speaking, participants should mute their mics to avoid feedback.

Use the chat at the bottom of the screen to add communication privately or to the group as a whole.

If participants would like to see all of the group members at once, they should choose the “gallery view” option at the top of their screen. If they would like to have their screen filled with the person who is sharing, they should choose the “speaker view” option.

## **Watch optional teaching video as a group, if applicable.** (Approx. 30 min)

(<https://bit.ly/enoughvictorious>)

*Discussion Questions:*

1. *Talk about an area in your life where you feel Not Enough.*
2. *What new focus do you need in your faith lenses?*
3. *What things do you need to dump out of your backpack that are weighing you down?*
4. *On a scale from 1-10, how well are you trusting that God chose you to be right where you need to be? (1 being not well, 10 being very well)*

## **This week, participants should:**

Read and do the activities for Session 1, Days 1-5.

Watch the Session 1 video on own, if applicable. ([mynameisvictorious.com](http://mynameisvictorious.com))

Be prepared for next week’s group discussion.

## WEEK 2: SESSION ONE DISCUSSION

**Watch the Session 1 video together.** (mynameisvictorious.com)

Approx. 12 min.

### ***Discussion Questions:*** (pg. 72)

- 1. What did you dream about becoming when you were a little girl? What role has God commissioned you for today?*
- 2. We've all experienced damage in our hearts or lives. Share one crack you've sustained.*
- 3. Is your social media self an accurate reflection of your real self? Describe the similarities and differences.*
- 4. What kind of insecurities fill the backpack you haul around? How can you unpack that insecurity to make room for more confidence?*
- 5. How strong (or weak) are you feeling physically, mentally, emotionally, spiritually? Why?*

### **This week, participants should:**

Read and do the activities for Session 2, Days 6-10.

Watch the Session 2 video on own, if applicable. (mynameisvictorious.com)

Be prepared for next week's group discussion.

## WEEK 3: SESSION TWO DISCUSSION

**Watch the Session 2 Video together.** (mynameisvictorious.com)

Approx. 11 min.

### **Discussion Questions:** (pg. 130)

- 1. Share three things that are special about you, the things that help you bloom.*
- 2. If you were to pop open your music library to make a mixtape today, what is one song that would have to be on it? What mixtape of negative chatter plays over and over in your mind?*
- 3. Fill in the blank: I am too\_\_\_\_\_. What makes you feel this way?*
- 4. What burns of rejection have you sustained? What steps can you make to keep from smelling like smoke?*
- 5. List one grave of craving you've built. What is something you can be thankful for to help you raise your focus above the bitterness?*

### **This week, participants should:**

Read and do the activities for Session 3, Days 11-15.

Watch the Session 3 video on own, if applicable. (mynameisvictorious.com)

Be prepared for next week's group discussion.

## WEEK 4: SESSION THREE DISCUSSION

**Watch the Session 3 Video together.** (mynameisvictorious.com)

Approx. 11 min.

### ***Discussion Questions:*** (pg. 186)

- 1. Share two things God has done in the light that you need to remember when you are surrounded by darkness.*
- 2. Are you running on empty or feeling full? What activities fill you up?*
- 3. What can you do to start feeling more at home? How can you put down roots, plan long term and embrace your community?*
- 4. Who is in your circle of people that brings your showers of blessings?*
- 5. How have you broken the window in your life?*

### **This week, participants should:**

Read and do the activities for Session 4, Days 16-20.

Watch the Session 4 video on own, if applicable. (mynameisvictorious.com)

Be prepared for next week's group discussion.

## WEEK 5: SESSION FOUR DISCUSSION

**Watch Session 4 Video together.** ([mynameisvictorious.com](http://mynameisvictorious.com))

Approx. 12 min.

### ***Discussion Questions:*** (pg. 246)

- 1. What sharks are circling and causing you to feel anxious?*
- 2. Name three things that are at the top of your sTOp DOing list. What steps are you going to take to start crossing them off your list?*
- 3. What are a few rules in the Kingdom of You?*
- 4. We aren't perfect, but we can work to build a good family. Share one thing you do to help build your family.*
- 5. What is an area of your life where you could use a healthy dose of persistence, some stick-to-it-tiveness, and a batch of tenacity?*